

*Family & Consumer
Science News*

Ford County

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The mission of KSU Cooperative Extension Family and Consumer Sciences is to link education with life experiences to help people improve their lives, their families, and their communities

FORD COUNTY FAIR

JULY 19-23

Have you decided what you will bring to the County Fair???

Are you preparing exhibits for the Fair?

Have you invited a friend or neighbor to exhibit? I invite each one of you to invite one additional person to exhibit this year!

Entry day for all open class division entries will be on THURSDAY, July 19, 7:30 am to 10:00 am!!

Have you considered what you would like to enter in the Open Class areas? For your convenience, the Fair Schedule and the Open Class portion of the 2018 Ford County Fair book are included. The complete Fair Book is available on our website www.ford.ksu.edu or directly at www.fordcountyfairassn.org for all Fair information. It will also be available in print at the Extension Office soon. Entry cards will be available by the end of June to early July.

We again have a few special contests available. Special contests include – King Arthur Flour Bar Cookie Contest, a Barn Quilt Contest and a Container Flower Garden Contest. Read through the rules and start making plans.

Don't forget the theme for the Fair is "Everyone is Welcome".

The Fair Concessions will be provided by Janell Robertson.

FUN things to do include: Photo Booth, Hot Dog Feed, Ice Cream Social, Hypnotist Shows, Dance with DJ Josh Roesener on Saturday night, Teen Dance on Friday night, Cow Patty Bingo, and Model Racing on Saturday and Sunday. We have added an additional day of Turtle Racing. Turtle races will be held on Friday, Saturday and Sunday at 4:30 pm. Plus so much more for the whole family to enjoy during the five days of the Fair!!!

Check out more details on the Fair page included within the newsletter.

FCE Council

FCE Council's next meeting will be Monday, August 13, at 1:30 p.m. at the Extension Office.



Food Preservation Publications

If you are planning to do any type of food preservation (canning, freezing or dehydrating) this summer, check out our updated Extension educational information. You can stop by the Extension Office or go to the K-State Research and Extension's Food Preservation webpage at <http://www.rrc.k-state.edu/preservation/> for publications and videos.

Pressure Canner Gauge Testing

If your summer plans include canning, bring your pressure canner gauge into the Office to be tested and see how accurate it is. It is important to have an accurate gauge when canning so your products are processed correctly. You do not have to remove the gauge, from the lid, to have it tested.

Canning in Half-Gallon Jars

Half gallon sized canning jars are available, but they are not recommended for canning many foods. In fact, the only products recommended by the manufacturer to can include apple juice and grape juice ONLY in a boiling water bath canner.

There are no other research-tested processes for half-gallon jars. Boiling water processes for other foods for jars larger than those published with recipes (usually pints and/or quarts) cannot be extended by any formula to a larger jar.

Historical canning resources may reference the use of half-gallon jars. However, these are not currently accepted or endorsed by the USDA, Cooperative Extension or US Canning jar manufacturers.

Using Natural Pectin in Fruit Pie

Some fruit pie recipes need help to get the filling just right. One solution is to add a peeled, grated, and squeezed dry Granny Smith apple which is full of natural pectin.

Apples contain high amounts of high-methoxyl pectin and makes a great gel. In combination with two tablespoons of instant tapioca, the gel should have a pudding consistency. Crush some of the other fruit and combine with the grated apple. This helps release the natural pectin within the fruit cell walls to achieve a good gel.

Tip for Tapioca: Grind or crush the tapioca to minimize the "pearl" look in the filling.

PRESERVE SMART APP

Colorado State University has developed a new food preservation app to help make canning a bit easier. The app is called "Preserve Smart" and is currently available for Apple iOS devices only. But it can be used on any computer.



This program is unique in that it starts by asking you to enter your elevation. The program will remember that elevation throughout the system. So it will highlight the processing instructions for your location in each recipe. Also, the program has freezing and dehydrating instructions. There are recipes for canning fruits and vegetables, jams and jellies, pickles and fermentation. The website address for this program is <https://apps.chhs.colostate.edu/preservesmart/>. Search the Apple app store for Preserve Smart to download it to your mobile Apple device.

Ford County Fair, July 19-23, 2018

We have been finalizing plans for the 2018 Ford County Fair. Please note: ALL Open Class exhibits need to be brought to the Ford County Fairgrounds for entry on THURSDAY, JULY 19 between 7:30 am to 10 a.m.

Open Class Division has classes for: arts and crafts; clothing and stitchery; food preservation; foods; flowers; photography; rabbits; crops and gardening. Plan to bring at least one entry!! Check individual divisions for entry times and rules, as some rules and classes have changed. Please Note: All Poultry must be tested for pullorum-typhoid. Testing will be provided on July 10 at 5:30 pm at the Ford County Fairgrounds to be eligible to exhibit at the fair. Chickens and turkeys must be blood tested every year. Poultry must be entered at Fairgrounds between 7:00-9:30 a.m. on Thursday, July 19.

All exhibits will be release on Monday evening, July 23 between 7:00 and 10:00 p.m. This is also the start of the Livestock Sale in the Arena.

Fair Board Members will be selling Cow Patty Bingo tickets as a fund raiser for their "Air Condition the Fair Building" campaign. Consider getting tickets to help this cause.

Consider participating in the *King Arthur Flour Bar Cookie, Container Flower Garden and Barn Quilt Special Contests.*

Special Attractions

Fair Hot Dog Feed

This event is sponsored by the Hi Plains Feed, LLC and will be held Thursday, July 19 at 6:30 p.m. with Jeremy Ragland (Rad the Ghost as entertainment.

Teen Dance

DJ sponsored by The Alley
Friday, July 20, 9:00 p.m.

RORRring Model Car Racing

Saturday and Sunday, July 21 and 22
1:00 p.m. to 9:00 p.m.

Sponsored by the Ford County Fair Association

Sunday Morning Breakfast

July 22 at 9:00 a.m. The breakfast is sponsored by:
High Plains Farm Credit
Church Service @ 10:00 a.m. with Ryan Ausmus

Ice Cream Social

Sunday, July 22, 2:30 p.m.
Sponsored by the Ford County Farm Bureau Assoc.

Edward Wunder – Hypnotist

Performances on Saturday,
July 21 at 11 am & 2:30 pm
Sunday, July 22 at 3:00 pm

Fair Dance with Josh Roesener DJ

On Saturday, July 21 come and enjoy the evening starting at 9 p.m. Brought to you by "Jacobs". Come out and enjoy some great music.

Other Fair Information...

- **Thursday, July 19** -- check in of exhibits from 7:30 a.m. to 10:00 a.m. Judging starts at 10:00 a.m. with the building open to the public at 5:00 p.m. **4-H/Open Class Foods Sale is Thursday evening at 6 p.m.**
- **Friday, July 20**—**Barnyard Olympics** 2:00 p.m.
- **Saturday, July 21** -- **Water's True Value Afternoon at the Fair.** They are sponsoring a dunk tank and bounce houses for the kids to enjoy from 2:00 – 4:00 p.m.
- **Saturday, July 21** – **Photo Fun Booth** sponsored by United Wireless Arena & Boot Hill Casino and Resort Conference Center
- **Turtle Races start at 4:30 p.m. on Friday, Saturday & Sunday** evenings. Sponsored by Credit Union of DC
- **Cow Patty Bingo** – **Sunday, July 22 3:30 p.m.**

Ford County Extension Office
100 Gunsmoke
Dodge City, Ks. 67801

Dear Friends,

Summer time is here and we are running at full speed. June is always a busy month for us with 4-H Camps and getting ready for the County Fair in July.

If you are interested in helping at the Fair, consider volunteering to be a fair superintendent for Open Class or for 4-H! We are always looking for more help. Please think about giving a little time and sign up to be a superintendent. Remember we cannot conduct the Fair without great volunteers and their assistance.

Come out and see friends and family at the County Fair and take in some of the many activities. We have many fun events scheduled. We hope you will attend with your family and see what wonderful exhibits our community and 4-H members have on display. (We will be praying for cool weather ☺).

Sincerely,



Ethel Schneweis, County Extension Agent, Family & Consumer Sciences



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K-State, County
Extension Council,
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*"Knowledge
for Life"*