

4-H Record Book

4-H PROJECT GOALS



My Goals for this Project are:

When you write down your goals and plans, you have already made a step toward reaching those goals. Your written goals will help you keep track of where you are going and how you are going to get there. You will also be able to see your progress as you "check off" your accomplishments! Write your goals and plans for each project.

Goals should show . . .

- Growth
- Depth
- Research etc., going beyond in learning about the project.

Five Goals that everyone (age 7-19) can reach in filling out Section I:

- Complete project
- Learn how to use
- Share through talks, demonstrations, etc
- Exhibit
- Citizenship

Goals should include:

- Learning skills
- Leadership activities
- Citizenship activities

General Project Goals:

- Complete project requirements.
- Learn new (skills).
- Learn to use new (tools).
- Exhibit project at County Fair.
- Go on project field trips
- Share the project with others
- Use my project in conjunction with other (projects).
- Develop a science fair project.
- Prepare new recipes, formulas, articles, and programs.
- Use project for (research development).
- Participate in judging schools and events.
- Practice new (procedures) and (methods).
- Participate in promoting National 4-H Week with project.



- Prepare new recipes, formulas, articles, and programs.
- Use project for (research development).
- Participate in judging schools and events.
- Practice new (procedures) and (methods).
- Participate in promoting National 4-H Week with project.
- To present a demonstration on _____
- To present a project talk
- To share with the local rest home
- To serve as a junior leader for _____
- To find _____ new rock samples
- To learn cake decorating techniques
- To experiment with different fertilizers
- To be selected to attend Citizenship Washington Focus

Your project goals should include the following:

PROJECT GOALS

- ◆ **KNOWLEDGE GOALS** -- things you want to learn.
- ◆ Skill goals -- things you want to raise, make, and/or do.
- ◆ Safety goals -- safety practices you need to learn and develop in your project.
- ◆ Leadership goals -- things you want to do and teach others.
- ◆ Citizenship goals -- things you want to do for others.

As you get older or become more advanced in your project(s), you will want to set goals in the following areas:

ADVANCED KNOWLEDGE GOALS

- ◆ Energy goals -- how your project relates to energy and ways to save our natural resources.
- ◆ Economic goals -- what you will do to save and make money.
- ◆ Experiment and research goals -- studies and experiments you can conduct in your project.
- ◆ Career goals -- studies, interviews.
- ◆ Other goals -- workshops or contests you plan to participate in through your project.

For your projects, you will need to study your project and make a list of things you want to learn and do. Listed below are some general requirements that relate to all projects:

- Make a set of project goals
- Complete certain goals each month -- most project work is done at home.
- Keep a record of goals completed.
- Exhibit project work.
- Enter a contest (Judging, Visual Presentation, or Miscellaneous) at the local and county levels.
- Attend workshops that are available in community or county on your particular project.

- Attend 4-H meetings regularly.
- Complete a 4-H project record each year.
- Develop leadership by teaching other interested persons something about your project.
- Carry out citizenship activities related to your 4-H project.
- Continue to study and broaden project knowledge and skills.

The following items will help you identify things you can learn and do in your projects:

KNOWLEDGE

Knowledge -- Things to do and resources you can use in developing a knowledge of your project.

- Read the 4-H Project Book.
- Read library books related to projects.
- Read magazines.
- Purchase literature related to your project.
- Secure owner's manual.
- Attend workshops related to your project.
- Interview someone knowledgeable about your project.
- Tour places related to your project.
- Develop a research paper related to your project.
- Subscribe to magazines.
- Go on field trips to study project.
- Study careers related to your project.
- Study catalogues.
- Take a correspondence course related to project.
- Study history related to your project.

SKILLS

Skills are the doing part of 4-H. It is important that you develop your skills to the potential.

- Make several things related to your project.
- Raise and properly care for something related to your project.
- Repair things related to your project.
- Make a list of skills related to your project and practice them.

SAFETY

Safety is a part of almost every 4-H project.

- Purchase safety equipment.
- Make a safety plan (locating safety hazards).
- Participate in a safety clinic.
- Make a study of accidents related to your project.
- Study state and national safety laws related to your project.
- Use warning signs where necessary.
- Secure a safe place to work.
- Follow all safety recommendations.

LEADERSHIP

Leadership is also a part of every 4-H project. It is your duty as a 4-H member to develop leadership roles and to carry out activities related to your 4-H project.

- Present a display in schools to promote your project.
- Assist individual members with their projects (list ways).
- Conduct interviews.
- Help plan and conduct workshops about your project.
- Serve as chair of your project group.
- Teach groups about project work.
- Organize a 4-H project club.
- Conduct project contests in the local 4-H club.
- Assist volunteer leader with project.
- Set up a project tour for your club.
- Assist with county contests.
- Serve as a project leader for your club.
- Recruit new club members into your project.
- Write an article for your local newspaper.
- Help organize a project club.
- Serve as a group leader during a workshop or tour.
- Assist with county exhibit days -- register exhibits in your project.
- Secure a donor on the county level for your 4-H project.
- Teach handicapped children about your project.
- Plan and organize a workshop related to your project for the handicapped.
- Write and give speeches about your project.
- Develop a business related to your project.
- Serve on a committee related to your project.
- Write news articles about your project.
- Make exhibits that tell other people about your project.
- Appear on TV and/or radio and talk about your project.
- Write an information sheet about your project and use as a handout during workshops.
- Develop a slide set or video about a certain part of the project.

CITIZENSHIP

Citizenship is a part of every project. You should set several project citizenship goals.

- Discuss ways you can work in your community to promote a part of your project through associations and private businesses.
- Make the public aware of the economic importance.
- Write your state and national legislators about issues related to your project.
- Give to shut-ins something related to your project.
- Secure pen pals who are interested in the project.
- Discuss project issues with local officials.
- Write project donors, thanking them for their support.
- Sell a product from your project and use the money for some worthy cause.
- Assist friends and neighbors with work related to your project.
- Make speeches about the importance of your project to the economy, society, or school.

- Provide transportation for others to a project workshop.
- Organize a campaign to improve something related to your project.
- Conduct a radio program on your project, making the community aware of a issue.
- During National 4-H Week, do some type of project promotion.
- Take pictures of other 4-H'ers' project exhibits and use the pictures for publicity.
- Report to the proper authority things that you see in your project that are dangerous to people of the community.
- Do volunteer work related to your main project.
- Serve on a county or community committee that is related to the project.
- Loan something that you have related to your project.

ENVIRONMENTAL STEWARDSHIP

- Study how your project relates to conserving our natural resources.
- Share your information with others in your project area regarding stewardship.

ECONOMICS

- Study consumer reports about your project.
- Watch television. Listen to the radio for economic items related to the project.
- Conduct your own price study.
- Make a study of how to cut cost and maintain quality.

EXPERIMENTS

- Develop your own design.
- Compare the outcome of more than one item, using different ingredients.
- Invent something that is useful in your project.
- Conduct experiments related to your project.

CAREERS

- Study careers related to your project.
- Tour businesses related to your project.
- Attend seminars about careers.
- Interview people in different careers related to the project.
- Write several colleges and universities concerning careers related to the project.
- Start your own personal business related to your project.

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